



Ventilator 5K Event at NRRCC Rochester

The Ventilator 5K will kick off at 4:30 PM on Tuesday May 4th, 2010 in Rochester, MN. The event will be held outside the Mayo Civic Center building. Student teams are participating in the event and each team has raised at least \$500 in pledges. A ventilator company may sponsor the \$500.00 as well. A social event will accompany the Vent 5K with treats donated by the Rochester Hy-Vee South grocery store.

We would like to see hospital or alternate sites teams participate this year as well. Please see the website for more information and contact myself for suggestions on funding the \$500.00.

<http://www.arcfoundation.org/support/vent5k.cfm>

Respiratory Therapists are familiar with the feeling of pushing a ventilator to the most remote corner of the hospital. All that pushing has not gone to waste with the Vent 5K event. Spearheaded by the American Respiratory Care Foundation (ARCF), the Ventilator 5K is one of hundreds that will be taking place all across the country over the course of a year from one AARC International Congress to the next.

The objective is to push a ventilator five kilometers with each team consisting of a crew chief and pit crew taking turns pushing the ventilator.

The ARCF is tracking the events nationwide and will be awarding points for the most creatively decorated ventilator, best 5K course, most money raised, and other factors. Awards will be presented at the upcoming AARC International Respiratory Congress in Las Vegas, NV this December.

The goal is to give respiratory therapists a fun and productive way to raise funds that can then be applied to lung health concerns in their own communities as well as to raise awareness of the profession of respiratory care.

Please contact one of us ASAP if your school or hospital is considering having a team.

Thanks

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